



# Social Programs Events Calendar

## November 2019



Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** from 9AM-4PM to register and to book your spot on the bus.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	
	<b>4</b> <b>Call to book your spot this week &amp; Nov. 12<sup>th</sup> – 6<sup>th</sup> Street Grill</b>	<b>5</b> <b>Lunch Club</b> <i>Red Robin</i> \$2 Bus Fee p/u: 11:00 am	<b>6</b> <b>Dining Club</b> <i>Gino's</i> \$2 Bus Fee p/u: 4:00 pm	7	8	
	<b>11</b> <b>Office Closed Remembrance Day</b>	<b>12</b> <b>Lunch Club</b> <i>6<sup>th</sup> Street Grill</i> \$2 Bus Fee p/u: 11:00 am <b>Call to book your spot this week</b>	<b>13</b> <b>Dining Club</b> <i>Waffle House</i> \$2 Bus Fee p/u: 4:00 pm	14	15	
	<b>18</b> <b>Call to book your spot this week</b>	<b>19</b> <b>Lunch Club</b> <i>Union Jack Pub</i> \$2 Bus Fee p/u: 11:00 am	<b>20</b> <b>Dining Club</b> <i>Gino's</i> \$2 Bus Fee p/u: 4:00 pm	21	22	
	<b>25</b> <b>Call to book your spot this week</b>	<b>26</b> <b>Shopping</b> <i>No Frills</i> \$2 Bus Fee p/u: 11:00 am	<b>27</b> <b>Dining Club</b> <i>Chan's Garden</i> \$2 Bus Fee p/u: 4:00 pm	28	29	

**BUS FARE INCREASE EFFECTIVE NOVEMBER 1<sup>ST</sup> – As of November 1<sup>st</sup>, the bus fare for ALL outings will be \$2.**



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### SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

### DINING & LUNCH CLUB

Tuesday Lunch Club	Wednesday Dining Club
November 5 – Red Robin	November 6 – Gino’s
November 12 – 6 <sup>th</sup> Street Grill	November 13 – Waffle House
November 19 – Union Jack Pub	November 20 – Gino’s
	November 27 – Chan’s Garden
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>	

### INDEPENDENT SHOPPING

#### No Frills

November 26

Fee: none

Pick up time: 11:00 am

**Please read the newsletter for more details and important messages.**

### FREE ELDER LAW CLINIC

Seniors First BC offers a **FREE ELDER LAW CLINIC** at Seniors Services Society on the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927 (extension 258)**.